

Im Technologiepark 1 \* 15236 Frankfurt (Oder) Tel. (0335) 40164121\* Fax 40164123

info@einfachfaircatering.de

## Lunch menu

Opening times:

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm Lunch 11.00 am to 1.30 pm

pasta dísh

vegan dísh

without meat at

Cafeteria at

IHP GmbH

Remember to check out our alternative daily offers												
Week	Soup of the day 1,25 €		Once-course meal 4,40 €		Main dish 4,90 €		<u>Trend food</u> 5,50 €					
01.	from the soup pot 0,2 I		inclusive of 1 small dessert of the day <u>or</u> 1 small soup of the day 0,1 l		please choose from our daily offer of side dishes		please choose from our daily offer of side dishes					
	zzv	kcal	zzv	kcal	zzv	kcal	zzv	kcal				

Monday

30.12.2024

Tuesday

31.12.2024

Wednesday

01.01.2025



Allen Mitarbeitern und Gästen wünschen wir ein gesundes neues Jahr.



Thursday 02.01.2025	Tomato soup with fresh herbs		Jumbo fish sticks with dill sauce, boiled potatoe and creamy vegetables		Curried sausage with potato chips and salad garnish		Penne pasta with broccoli florets and chicken breast, served with cream sauce	
	aw, i	110	aw, c, d, g, 3, 11	529	j, 2, 4, 11	760	aw, g	730
Friday 03.01.2025	Cream of leek soup		Frankfurt-style potato soup with a pair of Wiener sausages and wholegrain bread		Small turkey cutlets in cream sauce with mixed vegetables and potato puree		Fish bake 'Bordolaise' with dill potatoes and green salad	
	aw, g	105	aw, ar, 1, 2, 3, 4, 11	507	aw, c, g, 3, 11	520	aw, c, d, 3	410

Please choose from our salad bar and the daily specials with dessert.

Not IHP-members pay a surcharge of 0,50 Euro for lunch!

## llergen labeling

awl cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products) d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (-products, including lactose) h) nuts i) (celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites> 10 mg / kg / l m) lupine (-products) n) molluscs (-products)

## ENJOY YOUR MEAL

Menu subject to alterations!

## marking required additives

1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer 5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners

10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes

13) with quinine 14) with caffeine