

Im Technologiepark 1 * 15236 Frankfurt (Oder) Tel. (0335) 40164121* Fax 40164123

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Lunch menu

Opening times:

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm Lunch 11.00 am to 1.30 pm

pasta dísh

without meat

vegan dísh

Cafeteria at

a Ch

IHP GmbH

Lunch 11.00 am to 1.30 pm								
Remember to check out our alternative daily offers								
Week	Soup of the day 1,25 €		Once-course meal 4,40 €		<u>Main dish</u> 4,90 €		<u>Trend food</u> 5,50 €	
02.	from the soup pot 0,2 zzv kcal		inclusive of 1 small dessert of the day <u>or</u> 1 small soup of the day 0,1 l		please choose from our daily offer of side dishes		please choose from our daily offer of side dishes	
Monday	 -				 -			
06.01.2025	Egg-drop chicken broth		Creamed spinach with two fried eggs and boiled potatoes		Roast turkey with mashed potatoes cabbage to herbed carrots		skewers Cabanossi with hot sauce, potato chips and buttered peas	
	c, i	90	aw, c, g, 3	580	aw, c, f, i, j, g, 3, 11	680	aw, i, j, 2, 3, 11	670
Tuesday 07.01.2025	Spicy Hungarian goulash soup (pork)		Green bean stew with Frankfurter sausags and a slice of wholegrain bread		Saithe Crispy to roasters and remoulade		Tagliatelle with chicken strips, green pepper sauce and green salad	
	aw, i	130	aw, ar, 1, 2, 3, 4, 11	430	aw, c, d, f, 2, 3, 11	710	aw, g	690
Wednesday 08.01.2025	French onion soup with croutons		Spaghetti Bolognese with grated cheese		celeriac cutlet on leek sauce with tomato rice		Pork cutlet 'Strindberg'-style (in onion-mustard-egg batter) with broccoli and potato chips	
	aw, g	90	aw, g, i, 1, 11	695	aw, g, i	490	aw, c, j	730
Thursday 09.01.2025	Asian Vegetable Soup with tofu		Home-made potato fritters with apple puree and sugar		Home-made Königsberg-style meatballs with caper sauce, boiled potatoes and beetrot salad		Chicory au gratin with Black Forest ham, Emmental cheese and gnocchi	
	i	110	aw, c, 3, 11	780	aw, c, g, 3, 11	560	aw, c, g, 1, 2, 3, 11	530
Friday 10.01.2025	Cheese soup with leeks and minced meat (pork)		Szeged pork goulash (pickled cabbage) with dumplings or boiled potatoes		Cauliflower-broccoli casserole with mozzarella		Veal liver Berlin-style with apple pieces and onions, served with parsley potatoes and red cabbage	
	g, i, 1	130	aw, 3	610	g, 1, 11	410	aw, 3, 11	530
Please choose from our salad bar and the daily specials with dessert. Not IHP-members pay a surcharge of 1,00 Euro for lunch!								

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aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products) d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (-products, including lactose) h) nuts i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites> 10 mg / kg / l m) lupine (-products) n) molluses (-products)

ENJOY YOUR MEAL

Menu subject to alterations!

marking required additives

1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer 5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners 10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes 13) with quinine 14) with caffeine