FAIR catering			Lunch menu					pasta dísh	Cafeteria
Im Technologiepark 1 * 15236 Frankfurt (Oder)			Opening times:				v	víthout meat	at C
Tel. (0335) 40164121* Fax 40164123 info@einfachfaircatering.de		Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm				vegan dísh	IHP GmbH		
แกงพระและและกละเกมร์สุด			Lunch 11.00 am to 1.30 pm					-	
Remember to check out our alternative daily offers									
Week	Soup of the day		Once-course meal		<u>Main dish</u>			Trend food	
	1,25 €		4,40 €		4,90 €			5,50 €	
05.	from the sou			day <u>or</u> 1 small soup of the day 0,1 1	please choose from our daily offer of side dishes		25	please choose from our	
Monday	ZZV	kcal	ZZV	kcal	ZZV	kcal		ZZV	kcal
27.01.2025	Fish solyanka		Scrambled eggs with herbs, served with cauliflower in Dutch sauce and mashed potatoes		Coachman-style goulash (beef, pork, cocktail gherkins, a little beer) served with Swabian-style spaetzle noodles		Fillet of plaice 'Finkenwerder-style' (strips of ham and onions) served with fried potatoes and salad garnish		
	d, i	80	aw, c, g, 3	510	aw, c, 11	610		aw, d, 2, 3, 11	710
Tuesday 28.01.2025	Thick Mushroom cream soup with croutons		1 stuffed yeast dumpling (plum puree) with vanilla sauce and poppy		Home-made burger with cream sauce, boiled potatoes and beans		Small turkey skewers with ratatouille and herbed rice		
	aw, g, 5	140	aw, g, 11	410	aw, c, j, 3	559		aw	580
Wednesday 29.01.2025	Cabbage soup with pork and cumin		Cutter meatball with honey mustard sauce and vegetable risotto to salad garnish		Pork cutlet in batter with cream sauce, boiled potatoes and herbed carrots		Filled Pancakes with tomato sauce and mozzarella with green salad		
	i	100	aw, c, g, i, j	529	aw, c, g, 3, 11	610		aw, c, g, 1, 11	610
Thursday 30.01.2025	Thai curry soup with Mie noodles		Colorful spring pan (rice, chicken breast and vegetables) to yoghurt sauce		Kassler-style pork roast with buttered peas, paprika and fries		Cannelloni stuffed with ricotta cheese and spinach, served with cheese sauce and salad garnish		
	aw	125	aw, g, i	410	aw, g, 2, 3, 11	540		aw, c, g, 1, 11	470
Friday 31.01.2025	Lemon-parmesan soup with marjoran		Hungarian goulash with pork and sweet peppers, served with a slice of wholegrain bread		Beetroot buffer (Chickpeas, cucumber) with corn panada on Tagliatelle with cheese sauce (Gouda)			Pork cutlet 'half-and-half' (onion-tomato-capsicum sauce, herbed mushrooms) with potato chips and salad garnish	
	aw, g, 1	130	aw, ar, i	410	aw, g, 1	570		aw, g, 5	740
Please choose from our salad bar and the daily specials with dessert. Not IHP-members pay a surcharge of 1,00 Euro for lunch!									
allergen labeling aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products) d) fish (-products) f) Soy (-products) f) Soy (-products) g) milk (- products) g									