

Lunch menu

Opening times:

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm
Lunch 11.00 am to 1.30 pm

pasta dish

without meat

vegan dish

Cafeteria
at



IHP GmbH

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,10 € from the soup pot 0,2 l	<u>Once-course meal</u> 4,00 € inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l	<u>Main dish</u> 4,50 € please choose from our daily offer of side dishes	<u>Trend food</u> 5,00 € please choose from our daily offer of side dishes
10.	ZZV kcal	ZZV kcal	ZZV kcal	ZZV kcal
Monday 04.03.2024	Spicy bean soup with minced meat (pork) aw 140	Lentil Bolognese (Carrot, celery, tomato, onion) with spaghetti and grated cheese (Gouda) aw, g, i, 1, 11 695	Kassler-style fried pork steak with fried egg and potato puree aw, c, f, i, j, g, 2, 3, 11 740	Fillet of pollock au gratin with leaf spinach and sauce hollandaise, served with tomato rice aw, c, d 650
Tuesday 05.03.2024	Cream of broccoli soup aw, g 130	Saxon-style peppered meat (meatballs, leeks and tomato-capsicum sauce) with potato puree aw, c, f, i, j, g, 3, 11 590	Vegetable bulgur patties on crisp lettuce and spicy yogurt dip aw, c, i 410	Sea salmon fillet Mexicana (Cheese taco bread) on mediterranean vegetable bed with ribbon noodles aw, d, g, i, j 680
Wednesday 06.03.2024	Spicy curry and rice soup with pork aw 145	Rice pudding with apple puree, sugar and cinnamon g, 11 903	Turkey gyros with tomato rice, tsatsiki and coleslaw aw, g, 11 510	Veggie burger (Green core Crunchy Medallion) with quark dip and wedges aw, c, g, i, j, k, 1, 11 620
Thursday 07.03.2024	Italian sidh woup with vegetable julienne d, i 90	Scrambled eggs with herbs, served with cauliflower in Dutch sauce and mashed potatoes aw, c, g, 3 510	Stuffed banana peppers (pork mince) with spicy sauce and boiled potatoes aw, c, 3 430	fried chicken breast a carrot and banana ragout with nut rice aw, e, g 590
Friday 08.03.2024	Parsley soup aw, g 165	Long-grain rice with mixed summer vegetables and chicken, served with a slice of wholegrain bread aw, ar, i 390	Creamed veal goulash with spaetzle noodles and green salad aw, c, g 610	Large farmer's breakfast with pickles c, 3, 11 590

Please choose from our salad bar and the daily specials with dessert.
Not IHP-members pay a surcharge of 0,50 Euro for lunch!

allergen labeling
aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products) d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (- products, including lactose) h) nuts i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites> 10 mg / kg / l m) lupine (-products) n) molluscs (-products)

ENJOY YOUR MEAL

Menu subject to alterations!

marking required additives
1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer 5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners 10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes 13) with quinine 14) with caffeine