

# Lunch menu

**Opening times:**

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm  
Lunch 11.00 am to 1.30 pm

pasta dish

without meat

vegan dish

Cafeteria  
at



IHP GmbH

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,25 € from the soup pot 0,2 l	<u>Once-course meal</u> 4,40 € inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l	<u>Main dish</u> 4,90 € please choose from our daily offer of side dishes	<u>Trend food</u> 5,50 € please choose from our daily offer of side dishes
14.	ZZV kcal	ZZV kcal	ZZV kcal	ZZV kcal
Monday 01.04.2024		<b>Das Team der Einfach Fair Catering GmbH wünscht einen sonnigen Ostermontag!</b>		
Tuesday 02.04.2024	Vegetable soup with dill aw, i, g 130	Scrambled eggs with herbs, served with cucumber salad and potato puree aw, c, f, i, j, g, 3, 11 510	Pork cutlet 'cordon bleu' with boiled potatoes and summer vegetables aw, c, g, 1, 2, 3, 11 610	Fried prawn skewer with Carribean sauce and raisins, served with long-grain rice and pieces of orange b 390
Wednesday 03.04.2024	Thick leek soup aw, g 105	Country-style stir-fry with sausage slices, peppers, onions, pickles, sweetcorn and potato wedges aw, i, j, 2, 3, 11 430	Potato-spinach and cheese gratin with bechamel sauce g, 1, 3, 11 480	Glazed rabbit joint, red cabbage with apple and potato dumplings aw, 11 680
Thursday 04.04.2024	Potato-leek soup i, 3 110	Broccoli nuggets with dutch sauce served with boiled potatoes and small salad garnish aw, c, g, f, h, i, 3 560	Home-made burger with cream sauce, boiled potatoes and beans aw, c, j, 3 559	Asia-omelette with lemon spinach (spinach with garlic and red lentils) aw, g 410
Friday 05.04.2024	Asparagus soup with chives aw, g 112	Chili con carne (Mexican bean dish) served with a slice of bread aw 630	Alaskan Salmon Filet with dill sauce, boiled potatoes and cucumber salad aw, d, g, i, 3, 11 590	Fried chicken pieces with mushrooms, cherry tomatoes and tagliatelle aw, 5 670

Please choose from our salad bar and the daily specials with dessert.  
Not IHP-members pay a surcharge of 0,50 Euro for lunch!

**allergen labeling**  
aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products)  
d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (-products, including lactose) h) nuts  
i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites> 10 mg / kg / l  
m) lupine (-products) n) molluscs (-products)

**ENJOY YOUR MEAL**

Menu subject to alterations!

**marking required additives**  
1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer  
5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners  
10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes  
13) with quinine 14) with caffeine