FAIR Catering CombH				Lunch menu				pasta dísh	Cafeteria at
Im Technologiepark 1 * 15236 Frankfurt (Oder)			Opening times:				without meat		
Tel. (0335) 40164121* Fax 40164123 info@einfachfaircatering.de			Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm Lunch 11.00 am to 1.30 pm				vegan dísh	IHP GmbH	
Remember to check out our alternative daily offers									
Week	Soup of the day		Once-course meal		<u>Main dish</u>		Trend food		
	1,25 €		4,40 €		4,90 €		5,50 €		
22.	from the soup			day <u>or</u> 1 small soup of the day 0,1 l	please choose from our daily offer of side dishes		25	please choose from our daily offer of side dishes	
Monday	ZZV	kcal	ZZV	kcal	ZZV	kcal		ZZV	kcal
27.05.2024	Cream of		macaroni with tomato sauce and mozzarella "Tuscany style"		Alaskan Salmon Filet with dill sauce, boiled potatoes and cucumber		Pork medallions		
	broccoli	broccoli soup		with Aubergines, tomato, zucchini and mushrooms		salad		with baked potato and salad	
	aw, g	130	aw, g, 5, 11	610	aw, d, g, i, 3, 11	590		aw, 2, 3, 11	680
Tuesday 28.05.2024	Curried mango soup		2 vegetable crispy bagels with chive quark and rosemary potatoes		Home-made meat loaf with mixed vegetables and boiled potatoes		Fried fillet of sea fish with olive-pepper ragout, served with coriander- potato puree and salad garnish		
	0	90	aw, c, g, i, 3	590	aw, c, 3	730		aw, c, d, f, i, j, g, 3, 11	420
Wednesday 29.05.2024	Creamed vegetable soup with croutons		2 pancakes with a ball of vanilla ice cream and fresh strawberries		Juicy beef goulash with macaroni chips and coleslaw			skewers Cabanossi with hot sauce, potato chips and buttered peas	
	aw, i, g	130	aw, c, g, 11	440	aw, 11	610		aw, i, j, 2, 3, 11	670
Thursday 30.05.2024	Italian sidh woup with vegetable julienne		Spicy lentil stew with pork and a slice of wholegrain bread		Krusty chicken drumsticks on colorful roasted vegetables served with potato chips and garlic dip		Baked cheese "Athena" (Soft cheese Greek style) with farfalle and tomato sauce		
	d, i	90	aw, ar, 3	710	aw, g, i	710		aw, c	450
Friday 31.05.2024	Cream of potato soup with spring onions		Crunchy Fish Sticks with herb sauce, potatoe puree and fresh salad		Arugula sweet potato slices risotto with peas and salad garnish		1	Italian cutlet stuffed with prosciutto and gorgonzola on tagliatelle with tomatoes	
	i, 3	120	aw, c, d, f, i, j, g, 3, 11	529	c, 3	590		aw, g, 1, 2, 3, 11	660
Please choose from our salad bar and the daily specials with dessert. Not IHP-members pay a surcharge of 0,50 Euro for lunch!									
d) fish (-products) e) pea	luten (wheat) ar) cereals containing gluten (rye) b unuts (-products) f) Soy (-products) g) milk (- produ ustard (-products) k) Sesame (-products) I) Sulphu molluscs (-products)	ucts, including lactose) h) nuts		ENJOY YOUR MEAL Menu subject to alterations!			marking required additives 1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer 5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners 10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes 13) with quinine 14) with caffeine		