

Lunch menu

Opening times:

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm
Lunch 11.00 am to 1.30 pm

pasta dish

without meat

vegan dish

Cafeteria
at



IHP GmbH

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,25 € from the soup pot 0,2 l	<u>Once-course meal</u> 4,40 € inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l	<u>Main dish</u> 4,90 € please choose from our daily offer of side dishes	<u>Trend food</u> 5,50 € please choose from our daily offer of side dishes
25.	ZZV kcal	ZZV kcal	ZZV kcal	ZZV kcal
Monday 17.06.2024	Spicy bean soup with minced meat (pork) aw 140	Macaroni with tomato sauce and mozzarella "Tuscany style" with Aubergines, tomato, zucchini and mushrooms aw, g, 5, 11 610	Backfish fillet (pollack) with cucumber dill sour cream and mashed potatoes aw, c, d, 2, 3, 11 710	Chicken breast 'au naturel' with green pepper sauce, Balkan-style vegetables and potato croquettes aw, g, 11 680
Tuesday 18.06.2024	Cream of broccoli soup aw, g 130	Saxon-style peppered meat (meatballs, leeks and tomato-capsicum sauce) with potato puree aw, c, f, i, j, g, 3, 11 590	Vegetable bulgur patties on crisp lettuce and spicy yogurt dip aw, c, i 410	Sea salmon fillet Mexicana (Cheese taco bread) on mediterranean vegetable bed with ribbon noodles aw, d, g, i, j 680
Wednesday 19.06.2024	Spicy curry and rice soup with pork aw 145	Scrambled eggs with herbs, served with creamed vegetables in Dutch sauce and boiled potatoes aw, c, i, g, 3 560	Turkey gyros with tomato rice, tsatsiki and coleslaw aw, g, 11 510	Veggie burger (Green core Crunchy Medallion) with quark dip and wedges aw, c, g, i, j, k, 1, 11 620
Thursday 20.06.2024	Italian sidh woup with vegetable julienne d, i 90	Green tagliatelle with Gorgonzola Sauce and roasted pine nuts aw, g, 1 530	Chicken Nuggets with baked potatoe wedges in a curry dip and small salad aw, c, g, 1, 2, 11 670	Fillet of pollock au gratin with leaf spinach and sauce hollandaise, served with tomato rice aw, c, d 650
Friday 21.06.2024	Parsley soup aw, g 165	Long-grain rice with mixed summer vegetables and chicken, served with a slice of wholegrain bread aw, ar, i 390	Home-made burger with cream sauce, boiled potatoes and beans aw, c, j, 3 559	Omelette stuffed with vegetables, served with salad garnish c, g 510

Please choose from our salad bar and the daily specials with dessert.
Not IHP-members pay a surcharge of 1,00 Euro for lunch!

allergen labeling
aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products)
d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (- products, including lactose) h) nuts
i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites> 10 mg / kg / l
m) lupine (-products) n) molluscs (-products)

ENJOY YOUR MEAL

Menu subject to alterations!

marking required additives
1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer
5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners
10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes
13) with quinine 14) with caffeine