

# Lunch menu

**Opening times:**

**Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm**  
**Lunch 11.00 am to 1.30 pm**

**pasta dish**

**without meat**

**vegan dish**

**Cafeteria at**



**IHP GmbH**

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,10 € from the soup pot 0,2 l	<u>Once-course meal</u> 4,00 € inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l	<u>Main dish</u> 4,50 € please choose from our daily offer of side dishes	<u>Trend food</u> 5,00 € please choose from our daily offer of side dishes
26.	ZZV kcal	ZZV kcal	ZZV kcal	ZZV kcal
<b>Monday</b> 26.06.2023	Asian-style noodle soup with Mie noodles aw, i 110	Herb quark with linseed oil, boiled potatoes and cucumber salad g, 3, 11 570	Chicken 'cordon bleu' with cauliflower and potato puree aw, c, f, i, j, g, 1, 2, 3, 11 570	'Swabian pockets' (stuffed pasta squares) with tomato sauce aw 690
<b>Tuesday</b> 27.06.2023	Spicy bean soup with minced meat (pork) 0 140	Spaghetti Bolognese with grated cheese aw, g, i, 1, 11 695	Salad platter "Oderbruch style" with fried potatoes and fried egg c, 3, 11 690	Fried filet of tilapia with peppers and onions, served with herbed rice aw, d 410
<b>Wednesday</b> 28.06.2023	Goulash soup (pork) with paprika and potatoes aw, i, 3 130	Broccoli nut corner with hollandaise sauce and boiled potatoes aw, c, g, f, h, i, 3 560	Greek platter (gyros, cevapci) with tomato-rice and herb salad aw, 11 640	Chicken breast au gratin with peach and sauce choron with broccoli and croquettes aw, c, 11 640
<b>Thursday</b> 29.06.2023	Lemon-parmesan soup with marjoran aw, g, 1 130	Braised cabbage with meatballs and boiled potatoes aw, c, 3 520	Vegetable bulgur patties on crisp lettuce and spicy yogurt dip aw, c, i 410	Large farmer's breakfast with pickled herring pieces c, 3, 11 590
<b>Friday</b> 30.06.2023	Rice with chicken and root vegetables i 80	MSC-cutter meatball with honey mustard sauce and vegetable risotto to salad garnish aw, g, i, 1, 11 695	spring roll on mie noodles and chinese-style vegetables aw, c, e, f, g, i 560	Pork cutlet 'Strindberg'-style (onion-mustard-egg batter) with potato croquettes and Balkan-style vegetables aw, c, j, 11 730

Please choose from our salad bar and the daily specials with dessert.  
Not IHP-members pay a surcharge of 0,50 Euro for lunch!

**ENJOY YOUR MEAL**

Menu subject to alterations!

**allergen labeling**  
aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products) d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (-products, including lactose) h) nuts  
i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites > 10 mg / kg / l  
m) lupine (-products) n) molluscs (-products)

**marking required additives**  
1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer  
5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners  
10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes  
13) with quinine 14) with caffeine