

Im Technologiepark 1 \* 15236 Frankfurt (Oder)

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Lunch menu

Opening times:

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm 11.00 am to 1.30 pm pasta dísh

without meat

vegan dísh

at

Cafeteria

**IHP GmbH** 

Remember to check out our alternative daily offers								
Week	Soup of the day 1,25 €		Once-course meal 4,40 €		<u>Main dish</u> 4,90 €		Trend food 5,50 €	
27.	from the so	oup pot 0,2 l	inclusive of 1 small dessert of the	day <u>or</u> 1 small soup of the day 0,1 l	please choose from our da	aily offer of side dishes	please choose from our da	ily offer of side dishes
Monday							Stuffe	ed beef
01.07.2024	Asian Vegetable Soup with tofu		Broccoli nuggets with dutch sauce served with boiled potatoes and small salad garnish		Chicken liver in apple-onion sauce with boiled potatoes and herbed baby carrots		à la maison with apple and red cabbage, served with dumplings	
	i	110	aw, c, g, f, h, i, 3	560	aw, 3, 11	530	aw, 2, 3, 11	630
Tuesday 02.07.2024	Cream of pepper soup with herbed cream		Shashlik stir-fry (pork, sausage, sweet peppers, cucumber) with macaroni chips		Aubergine-courgette casserole with sliced potatoes and mozzarella		chicken breast with ham and pineapple topped with french fries and mixed vegetables Duchess	
	aw, g	110	aw, i, j, 2, 3, 11	690	aw, g, 1, 3	400	aw, c, f, g, i, j, 1, 2, 3, 11	690
Wednesday 03.07.2024	Tomato soup with sea fish and cucumber and fresh dill		Kaiserschmarrn (pancake strips) with raisins, apple compote and icing sugar		Chicken 'cordon bleu' with baby carrots and potato puree		herring fillet "Housewife style" with potatoes and fresh salad	
	aw, d	90	aw, c, g, 11	690	aw, c, f, i, j, g, 1, 2, 3, 11	570	aw, c, d, j, 2, 3, 11	630
Thursday 04.07.2024	Wasabi cream soup		Creamed spinach with two fried eggs and boiled potatoes		Herb Sausag with caraway stock, boiled potatoes and pickled cabbage		flatbread with grilled Halumi (Greek Grill cheese from cow's milk), yogurt-mint sauce and salad garnish	
	aw, c, g, j	130	aw, c, g, 3	580	aw, g, j, 3, 4, 11	760	aw, g	490
Friday 05.07.2024	Cream of potato soup		Zucchini potato pancakes (with feta cheese) with creme fraich and salad garnish		Home-made Fish meatball with boiled potatoes, dill sauce and herbed carrots		fillet of pork with mushrooms in cream on Lumaconi (large pasta shells)	
	i, 3	120	aw, c, g, 3	670	aw, c, g, 3	520	aw, g, 5	630

Please choose from our salad bar and the daily specials with dessert. Not IHP-members pay a surcharge of 1,00 Euro for lunch!

## aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products) d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (-products, including lactose) h) nuts i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites> 10 mg / kg / l

m) lupine (-products) n) molluscs (-products)

ENJOY YOUR MEAL Menu subject to alterations!

## marking required additives

1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer 5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners 10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes 13) with quinine 14) with caffeine