

Lunch menu

Opening times:

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm
 Lunch11.00 am to 1.30 pm

pasta dish

without meat

vegan dish

 Cafeteria
at


IHP GmbH

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,25 € from the soup pot 0,2 l		<u>Once-course meal</u> 4,40 € inclusive of 1 small dessert of the day <u>or</u> 1 small soup of the day 0,1 l		<u>Main dish</u> 4,90 € please choose from our daily offer of side dishes		<u>Trend food</u> 5,50 € please choose from our daily offer of side dishes	
28.	ZZV	kcal	ZZV	kcal	ZZV	kcal	ZZV	kcal
Monday 07.07.2025	Cream of cauliflower soup		Spaghetti "Napoli" with black olives and fresh herbs		Bavarian meat loaf with fried egg, potato puree and beans		Fillet of pollock au gratin with leaf spinach and sauce hollandaise, served with tomato rice	
	aw, g	130	aw, 3	520	aw, c, f, i, j, g, 3, 11	720	aw, c, d	650
Tuesday 08.07.2025	Thick cream of mushroom soup		chicken stew with vegetable risotto		Lasagne Bolognese au gratin with cheese sauce		celeriac cutlet on leek sauce with tomato rice	
	aw, g, 5	140	aw, g, i	581	aw, g, i, 1, 11	540	aw, g, i	460
Wednesday 09.07.2025	Spicy bean soup with minced meat (pork)		Fish pot "Nice" (Cod, long grain rice, sweet peppers, fennel, tomato and garlic)		Salad platter "Oderbruch style" with fried potatoes and fried egg		Pork cutlet au gratin with spicy minced meat and cheese, served with potato chips and salad garnish	
	0	140	aw, d	430	c, 3, 11	690	aw, g, 1, 11	690
Thursday 10.07.2025	Tomato soup with fresh herbs		3 yeast dumplings with fresh strawberries		Home-made Königsberg-style meatballs with caper sauce, boiled potatoes and beetrot salad		Chicken roulade 'Florentine-style' with gnocchi and salad garnish	
	aw, i	110	aw, g, 11	820	aw, c, g, 3, 11	560	aw, c	680
Friday 11.07.2025	Kohlrabi soup		2 boiled eggs with tartar sauce, boiled potatoes and cucumber salad		Turkey-roast with cream sauce, mixed vegetables (peas, carrots) and potatoes		Fillet of hake with potato batter, served with gnocchi and green salad	
	aw, g	120	aw, c, g, j, 2, 3, 11	610	aw, g, i, 3	420	aw, c, d, 3	620

 Please choose from our salad bar and the daily specials with dessert.
 Not IHP-members pay a surcharge of 1,00 Euro for lunch!

 allergen labeling
 aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products)
 d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (- products, including lactose) h) nuts
 i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites> 10 mg / kg / l
 m) lupine (-products) n) molluscs (-products)

ENJOY YOUR MEAL

Menu subject to alterations!

 marking required additives
 1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer
 5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners
 10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes
 13) with quinine 14) with caffeine