

# Lunch menu

**Opening times:**

**Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm**  
**Lunch 11.00 am to 1.30 pm**

pasta dish

without meat

vegan dish

Cafeteria  
at



**IHP GmbH**

Remember to check out our alternative daily offers

| Week                           | <u>Soup of the day</u><br>1,25 €<br>from the soup pot 0,2 l | <u>Once-course meal</u><br>4,40 €<br>inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l      | <u>Main dish</u><br>4,90 €<br>please choose from our daily offer of side dishes   | <u>Trend food</u><br>5,50 €<br>please choose from our daily offer of side dishes  |
|--------------------------------|---|--|---|---|
| 28.                            | ZZV kcal  | ZZV kcal   | ZZV kcal  | ZZV kcal  |
| <b>Monday</b><br>06.07.2026    | Tomato soup<br>with fresh herbs<br><br>aw, i 110            | Fish curry<br>with potato puree and salad garnish<br><br>aw, c, d, f, i, j, g, 3, 11 529                           | Chicken Nuggets<br>with baked potatoe wedges in<br>a curry dip and small salad<br><br>aw, c, g, 1, 2, 11 670              | Feta cheese in batter<br>with ratatouille<br>and bow-tie pasta<br><br>aw, g, 1, 11 510                                    |
| <b>Tuesday</b><br>07.07.2026   | Peas buttermilk soup<br><br>g 130                           | Tortellini<br>with tomato sauce and grated cheese<br><br>aw, g, 1, 11 610  | Saithe Crispy<br>to roasters and remoulade<br><br>aw, c, d, f, 2, 3, 11 710   | Pork medallions<br>with onion batter<br>(sour cream)<br>served with potato chips and peas<br><br>aw, g, 11 680            |
| <b>Wednesday</b><br>08.07.2026 | Lentil soup<br>with diced bacon<br><br>i, 2, 8 140          | Kaiserschmarrn (pancake strips)<br>with raisins,<br>apple compote and icing sugar<br><br>aw, c, g, 11 690          | Home-made Königsberg-style meatballs<br>with caper sauce, boiled potatoes and beetrot<br>salad<br><br>aw, c, g, 3, 11 560 | Cauliflower Piccata<br>with remoulade sauce and ciabatta bread served<br>with salad garnish<br><br>aw, c, g, j, 2, 11 450 |
| <b>Thursday</b><br>09.07.2026  | Broth<br>(beef) with julienne vegetables<br><br>aw, i 115   | Shashlik stir-fry<br>(pork, sausage, sweet peppers, cucumber)<br>with macaroni chips<br><br>aw, i, j, 2, 3, 11 690 | Gnocchi casserole<br>with leaf spinach and cherry tomatoes with<br>mozzarella baked<br><br>aw, c, g 510                   | herring fillet "Housewife style"<br>with potatoes and fresh salad<br><br>aw, c, d, j, 2, 3, 11 630                        |
| <b>Friday</b><br>10.07.2026    | Kohlrabi soup<br><br>aw, g 120                              | 2 boiled eggs<br>sweet and sour<br>with boiled potatoes and apple-carrot salad<br><br>aw, c, g, j, 3, 11 610       | Gyros cutlet<br>(pork)<br>cabbage salad with tzatziki on olives and potatoes<br><br>aw, c, g, 3, 11 610                   | Pizza "traditional"<br>with salami, pepperoni and cheese<br><br>aw, g, 1, 2, 3, 5, 11 710                                 |

Please choose from our salad bar and the daily specials with dessert.  
Not IHP-members pay a surcharge of 1,00 Euro for lunch!

**allergen labeling**  
aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products)  
d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (- products, including lactose) h) nuts  
i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites > 10 mg / kg / l  
m) lupine (-products) n) molluscs (-products)

**ENJOY YOUR MEAL**

Menu subject to alterations!

**marking required additives**

1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer  
5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners  
10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes  
13) with quinine 14) with caffeine