

# Lunch menu

Opening times:

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm  
Lunch 11.00 am to 1.30 pm

pasta dish

without meat

vegan dish

Cafeteria  
at



IHP GmbH

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,25 € from the soup pot 0,2 l		<u>Once-course meal</u> 4,40 € inclusive of 1 small dessert of the day <u>or</u> 1 small soup of the day 0,1 l		<u>Main dish</u> 4,90 € please choose from our daily offer of side dishes		<u>Trend food</u> 5,50 € please choose from our daily offer of side dishes	
29.	ZZV	kcal	ZZV	kcal	ZZV	kcal	ZZV	kcal
Monday 14.07.2025	Beef broth with gnocchi		Cauliflower Cheese Medallion with quark dip, boiled potatoes and side salad		Grilled chicken thighs with paprika, mixed vegetables and fries		Fillet of sea fish with tomato-mozzarella topping, served with tagliatelle and pesto dip	
	aw, c, i	120	aw, c, g, i, j, 3	610	aw, g, 11	740	aw, d, g, 1, 11	665
Tuesday 15.07.2025	Cream of courgette soup		Braised cucumber with spicy Puszta balls and potato puree		Cod Loose with dill sauce, salt potatoes and cucumber salad		Caesar Salad with chicken breast strips with mushrooms, herbs and parmesan cheese	
	aw, g	120	aw, c, f, i, j, 3, 11	510	aw, d, g, i 3, 11	590	aw, g, 1, 5, 11	390
Wednesday 16.07.2025	Italian Cheese Soup		Zucchini potato pancakes (with feta cheese) with creme fraich and salad garnish		Home-made burger with gravy, potatoes and mixed vegetables		Veal cutlet in batter with curry hollandaise, fried potatoes and peas	
	aw, g, 1	130	aw, c, g, 3	670	aw, c, j, 3	610	aw, c, 3, 11	760
Thursday 17.07.2025	Fish solyanka		Spaghetti Bolognese with grated cheese		Potato-spinach and cheese gratin with bechamel sauce		Redfish with leek curry vegetables with gnocchi	
	d, i	80	aw, g, i, 1, 11	695	g, 1, 3, 11	480	aw, c, d	480
Friday 18.07.2025	Green pea soup with thyme		Long-grain rice with mixed summer vegetables and chicken, served with a slice of wholegrain bread		Amsterdam apple goulash with beef and sour apple in addition Röstitaler and salad garnish		Aubergine-courgette-roulade with feta cheese, tomato sauce and pasta	
	aw, g	120	aw, ar, i	390	aw, c, g	720	aw, g, 1, 11	610

Please choose from our salad bar and the daily specials with dessert.  
Not IHP-members pay a surcharge of 1,00 Euro for lunch!

**allergen labeling**  
 aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products)  
 d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (- products, including lactose) h) nuts  
 i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites> 10 mg / kg / l  
 m) lupine (-products) n) molluscs (-products)

ENJOY YOUR MEAL

Menu subject to alterations!

**marking required additives**  
 1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer  
 5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners  
 10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes  
 13) with quinine 14) with caffeine