

Lunch menu

Opening times:

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm
Lunch 11.00 am to 1.30 pm

pasta dish

without meat

vegan dish

Cafeteria
at



IHP GmbH

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,25 € from the soup pot 0,2 l	<u>Once-course meal</u> 4,40 € inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l	<u>Main dish</u> 4,90 € please choose from our daily offer of side dishes	<u>Trend food</u> 5,50 € please choose from our daily offer of side dishes
30.	ZZV kcal	ZZV kcal	ZZV kcal	ZZV kcal
Monday 22.07.2024	Cream of courgette soup aw, g 120	Goulash 'Hungarian style' with macaroni chips aw 610	falafel with vegetable bulgur and minted yoghurt and cucumber salad aw, g, l 470	Fried prawn skewer with Carribean sauce and raisins, served with long-grain rice and pieces of orange b 390
Tuesday 23.07.2024	Thick mushroom soup with leeks aw, g, 5 140	Vanilla semolina pudding with fresh strawberries aw, g, 11 800	Alaskan Salmon Filet with dill sauce, boiled potatoes and cucumber salad aw, d, g, i, 3, 11 590	Chicken breast 'Toscana' (au gratin with tomato and cheese), served with potato croquettes and peas aw, g, 1, 11 690
Wednesday 24.07.2024	Cold cucumber soup with crispy bacon cubes g, 2, 3, 11 90	Scrambled eggs with herbs, served with cauliflower in Dutch sauce and mashed potatoes aw, c, g, 3 510	Home-made burger with potato salad and coleslaw aw, c, j, 2, 3, 11 680	Fried herring with onion rings, roast potatoes and salad garnish aw, d, 3 810
Thursday 25.07.2024	Cabbage soup with pork and cumin i 100	Spaghetti 'Carbonara' with ham and cheese sauce aw, g, i, 1, 2, 3, 11 610	Chicken quarter with cream sauce, celeriac puree and peas aw, g, 3 690	Baked camembert cheese with peach and cranberry and salad bouquet aw, c 590
Friday 26.07.2024	Cream of spinach soup with chopped egg c 120	Solyanka 'Ukrainian style' with sour cream, served with a slice of bread aw, ar, g, j, 1, 2, 3, 4, 11 520	spring roll on mie noodles and chinese-style vegetables aw, c, e, f, g, l 560	Marinated turkey steaks au gratin with peach and sauce choron, served with broccoli and small hash browns aw, c, g 790

Please choose from our salad bar and the daily specials with dessert.
Not IHP-members pay a surcharge of 1,00 Euro for lunch!

allergen labeling
aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products)
d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (- products, including lactose) h) nuts
i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites> 10 mg / kg / l
m) lupine (-products) n) molluscs (-products)

ENJOY YOUR MEAL

Menu subject to alterations!

marking required additives

1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer
5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners
10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes
13) with quinine 14) with caffeine