

# Lunch menu

**Opening times:**

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm  
Lunch 11.00 am to 1.30 pm

pasta dish

without meat

vegan dish

Cafeteria  
at



**IHP GmbH**

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,10 € from the soup pot 0,2 l	<u>Once-course meal</u> 4,00 € inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l	<u>Main dish</u> 4,50 € please choose from our daily offer of side dishes	<u>Trend food</u> 5,00 € please choose from our daily offer of side dishes
31.	ZZV kcal	ZZV kcal	ZZV kcal	ZZV kcal
<b>Monday</b> 31.07.2023	Tomato soup with fresh herbs aw, i 110	Spring roll on Asian rice pan (with vegetable peppers, soy sauce and green peas) aw, c, e, f, g, i 510	Chicken 'cordon bleu' with cauliflower and potato puree aw, c, f, i, j, g, 1, 2, 3, 11 570	Stuffed courgette "Ratatouille" on herbs spaghetti with tomato cream sauce aw, g 560
<b>Tuesday</b> 01.08.2023	Cream of potato soup with spring onions i, 3 120	Szeged pork goulash (pickled cabbage) with dumplings or boiled potatoes aw, 3 610	Potato-spinach and cheese gratin with bechamel sauce g, 1, 3, 11 480	fish skewer with fried potatoes, remoulade sauce and chili-bean salad aw, c, d, i, 2, 3, 11 730
<b>Wednesday</b> 02.08.2023	Thick mushroom soup with leeks aw, g, 5 140	Spaghetti Bolognese with grated cheese aw, g, 1, 1, 11 695	Fried chicken drumsticks with cream sauce, peas and chips aw, g, 11 570	Feta cheese in batter with ratatouille and spinach risotto aw, g, 1, 11 510
<b>Thursday</b> 03.08.2023	Apple Celery Soup with smoked meat strips aw, g, 2, 8 115	2 boiled eggs with tartar sauce, boiled potatoes and cucumber salad aw, c, g, j, 2, 3, 11 610	Königsberg-style "Carbonara" with shell noodles (meatballs, capers, cream, Parmesan) aw, c, g 680	Alaska pollock fillet "Strindberg Style" (with onion-mustard-egg coating) with dill sauce, boiled potatoes and salad garnish aw, c, d, g, i, j, 3, 11 640
<b>Friday</b> 04.08.2023	Cream of spinach soup royale c 120	Green bean stew with smoked meat cubes and a slice of wholegrain bread aw, ar, 2, 3, 11 480	Chinese stir-fry with chicken and beansprouts, served with egg noodles aw, c, i 510	Cauliflower au gratin with cheese sauce and ham strips and boiled potatoes g, 1, 2, 3, 11 530

Please choose from our salad bar and the daily specials with dessert.  
Not IHP-members pay a surcharge of 0,50 Euro for lunch!

**allergen labeling**  
aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products) d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (-products, including lactose) h) nuts i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites > 10 mg / kg / l m) lupine (-products) n) molluscs (-products)

**ENJOY YOUR MEAL**

Menu subject to alterations!

**marking required additives**  
1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer 5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners 10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes 13) with quinine 14) with caffeine