

# Lunch menu

**Opening times:**

**Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm**  
**Lunch 11.00 am to 1.30 pm**

pasta dish

without meat

vegan dish

Cafeteria  
at



**IHP GmbH**

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,25 € from the soup pot 0,2 l	<u>Once-course meal</u> 4,40 € inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l	<u>Main dish</u> 4,90 € please choose from our daily offer of side dishes	<u>Trend food</u> 5,50 € please choose from our daily offer of side dishes
31	ZZV kcal	ZZV kcal	ZZV kcal	ZZV kcal
<b>Monday</b> 28.07.2025	Cream of tomato soup 'Milanese' with noodles and root vegetables aw, g, i 120	Arugula sweet potato slices risotto with peas and salad garnish c, 3 590	Chicken breast "Hawaii" with coconut curry sauce and basmati rice aw, g 420	Tilapia in ham to Romanesco vegetables and duchess potatoes aw, d 680
<b>Tuesday</b> 29.07.2025	Italian sidh woup with vegetable julienne d, i 90	Scrambled eggs with herbs, served with cucumber salad and potato puree aw, c, g, 3 510	Paprika pork steak with risotto and summer vegetables aw 490	Fish bake 'Bordolaise' with dill potatoes and green salad aw, c, d, 3 410
<b>Wednesday</b> 30.07.2025	spicy cream of sweetcorn soup aw 110	Sausage goulash with tomatos and peppers, served with spirelli pasta aw, j, 2, 3, 11 780	breaded cod surfer fillet with lemon sauce, boiled potatoes and green salad aw, d, g, i 3, 11 590	Pork medallions "Caprese style" (tomato, mozzarella, basil) with herb gnocchi aw, c, g, 1, 11 680
<b>Thursday</b> 31.07.2025	Chili sin carne vegetarian aw, i 115	Rice pudding with morello cherries and sugar g, 11 900	Home-made meat loaf with beans and boiled potatoes aw, c, 3 730	Stuffed courgette "Ratatouille" on herbs spaghetti with tomato cream sauce aw, g 560
<b>Friday</b> 01.08.2025	Hungariangoulash soup (pork) with fresh peppers aw, i 130	2 puszta dumplings with tomato-capsicum sauce, potato puree and side salad aw, c, f, i, j, g, 3, 11 590	Gnocchi casserole with leaf spinach and cherry tomatoes with mozzarella baked aw, c, g 510	Baked potato with herbed sour cream, garden salad and chicken breast aw, g 490

Please choose from our salad bar and the daily specials with dessert.  
Not IHP-members pay a surcharge of 1,00 Euro for lunch!

**allergen labeling**  
aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products) d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (- products, including lactose) h) nuts i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites> 10 mg / kg / l m) lupine (-products) n) molluscs (-products)

**ENJOY YOUR MEAL**

Menu subject to alterations!

**marking required additives**  
1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer 5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners 10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes 13) with quinine 14) with caffeine