

# Lunch menu

**Opening times:**

**Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm**  
**Lunch 11.00 am to 1.30 pm**

pasta dish

without meat

vegan dish

Cafeteria  
at



**IHP GmbH**

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,10 € from the soup pot 0,2 l	<u>Once-course meal</u> 4,00 € inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l	<u>Main dish</u> 4,50 € please choose from our daily offer of side dishes	<u>Trend food</u> 5,00 € please choose from our daily offer of side dishes
33.	ZZV kcal	ZZV kcal	ZZV kcal	ZZV kcal
<b>Monday</b> 14.08.2023	Red lentil soup with diced bacon  i, 2, 8 140	Fish pot "Nice" (Cod, long grain rice, sweet peppers, fennel, tomato and garlic)  aw, d 430	Chicken wings with capsicum sauce, potato wedges and sweetcorn  aw, 1, 11 690	Pork cutlet au gratin with spicy minced meat, potato croquettes and peas  aw, g, 1, 11 690
<b>Tuesday</b> 15.08.2023	Curry and rice soup with chicken  aw 145	Braised cabbage with meatballs and boiled potatoes  aw, c, 3 520	Vegetable bulgur patties on crisp lettuce and spicy yogurt dip  aw, c, i 410	Chicken breast 'Hawaii' with pineapple, baked under cheese and served with curry sauce, baby carrots and potato croquettes  aw, g, 1, 11 720
<b>Wednesday</b> 16.08.2023	Cucumber soup with fresh dill  g 80	Home-made pancakes with apple puree and sugar  aw, g 900	Battered slice of Bologna-style sausage with tomato sauce and spirilli pasta  aw, c, j, 2, 3, 11 580	falafel balls with chickpea salad and snow peas  0 460
<b>Thursday</b> 17.08.2023	Carrot and orange soup  aw 90	Creamed spinach with two fried eggs and boiled potatoes  aw, c, g, 3 580	Kassler-style pork roast with pickled cabbage and boiled potatoes  aw, 2, 3, 11 540	Fillet of pollock in crispy with cucumber and sour cream salad with butter puree  aw, c, d, g, 3 720
<b>Friday</b> 18.08.2023	Cream of leek soup  aw, g 105	Goulash 'Hungarian style' (pork) with macaroni chips  aw 610	Green spelt meatballs (green spelt, whole spelled grain, egg, garlic) with caper sauce and broccoli  aw, arc, g 664	Turkey cutlet 'Milanese'-style with mushrooms, ham, tomatoes and potato wedges  aw, 2, 3, 5, 11 640

Please choose from our salad bar and the daily specials with dessert.  
Not IHP-members pay a surcharge of 0,50 Euro for lunch!

**allergen labeling**  
aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products) d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (-products, including lactose) h) nuts i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites > 10 mg / kg / l m) lupine (-products) n) molluscs (-products)

**ENJOY YOUR MEAL**

Menu subject to alterations!

**marking required additives**  
1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer 5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners 10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes 13) with quinine 14) with caffeine