

Im Technologiepark 1 * 15236 Frankfurt (Oder) Tel. (0335) 40164121* Fax 40164123

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Lunch menu

Opening times:

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm Lunch 11.00 am to 1.30 pm pasta dísh

vegan dísh

without meat

Cafeteria at 6p

IHP GmbH

Remember to check out our alternative daily offers								
Week	Soup of the day		Once-course meal		<u>Main dish</u>		Trend food	
VV GGIK	1,25 €		4,40 €		4,90 €		5,50 €	
34.	from the soup pot 0,2 I		inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l		please choose from our daily offer of side dishes		please choose from our daily offer of side dishes	
	ZZV	kcal	ZZV	kcal	ZZV	kcal	ZZV	kcal
Monday 18.08.2025	Spicy bean soup with minced meat (pork)		Kaiserschmarrn (pancake strips) with raisins, apple compote and icing sugar		Chicken 'cordon bleu' with cauliflower and potato puree		Baked camembert cheese with peach and cranberry and salad bouquet	
		140	aw, c, g, 11	690	aw, c, f, i, j, g, 1, 2, 3, 11	570	aw, c	340
Tuesday 19.08.2025	Tomato-fish broth with julienne root vegetables		Pepper goulash 'Hungarian style' (pork) with spirelli pasta		American Chicken with rosemary potatoes and sweet corn		Cauliflower Piccatta with remoulade sauce and ciabatta bread served with salad garnish	
	d, i	80	aw	610	3, 11	620	aw, c, g, j, 2, 11	450
Wednesday 20.08.2025	Thick Vegetable soup with croutons		Herb quark with linseed oil, boiled potatoes and cucumber salad		Szeged "Kasslerwraps" (with pickled cabbage) to Bohemian dumplings		Pappardelle with chicken in a paprika cream sauce	
	aw, i, g	130	g, 3, 11	570	aw, c, g, 2, 3, 11	680	aw, g	640
Thursday 21.08.2025	broth royale (poultry) with root vegetables and egg stitch		Scrambled eggs with herbs, served with creamed vegetables in Dutch sauce and boiled potatoes		Home-made burger with cream sauce, boiled potatoes and beans		Fillet of pollock with Mediterranean vegetables and fried potatoes	
	c, g, i	70	aw, c, i, g, 3	560	aw, c, j, 3	559	aw, d, i, 3	610
Friday 22.08.2025	Cream of salmon soup with fresh dill		Carrot stew with poultry meat and wholegrain bread		spring roll on mie noodles and chinese-style vegetables		Pork cutlet 'half-and-half' (onion-tomato-capsicum sauce, herbed mushrooms) with potato chips and salad garnish	
	aw, d, g	90	aw, ar, i, 3	490	aw, c, e, f, g, i	560	aw, g, 5	740
Please choose from our salad bar and the daily specials with dessert.								

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Not IHP-members pay a surcharge of 1,00 Euro for lunch!

allergen labelin

awl cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products) d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (-products, including factose) h) nuts i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites> 10 mg / kg / l m) lupine (-products) n) molluscs (-products)

ENJOY YOUR MEAL

Menu subject to alterations!

marking required additives

1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer

5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners

10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes

13) with quinine 14) with caffeine