

Im Technologiepark 1 * 15236 Frankfurt (Oder)

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Lunch menu

Opening times:

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm Lunch 11.00 am to 1.30 pm

pasta dísh

without meat

vegan dísh

Cafeteria at

the

IHP GmbH

Lunch 11.00 am to 1.50 pm								
Remember to check out our alternative daily offers								
Week	Soup of the day 1,10 €		Once-course meal 4,00 €		<u>Main dish</u> 4,50 €		<u>Trend food</u> 5,00 €	
37.	from the sc	oup pot 0,2 I	inclusive of 1 small dessert of the	e day <u>or</u> 1 small soup of the day 0,1 l	please choose from our da	ily offer of side dishes	please choose from our da	aily offer of side dishes
Monday	224	KCBI	LLV	RCBI	224	KCBI	ZZV	KCBI
11.09.2023	Apple Celery Soup with smoked meat strips		Scrambled eggs with herbs, served with mushroom sauce, mashed potatoes and salad garnish		Curried sausage with potato chips and salad garnish		Sesame plaice with cabbage, jasmine rice and lemon sauce	
	aw, g, 2, 8	115	aw, c, f, i, j, g, 3, 5, 11	510	j, 2, 4, 11	760	aw, d, g, k	645
Tuesday 12.09.2023	Cauliflower-Cream Soup		Curry balls (pork) in vegetable sauce with herb rice		Chicken Breast with Hokkaido pumpkin and tagliatelle		Stuffed giant mushrooms with cream cheese, gnocchi and rocket salad	
	aw, g	130	aw, c	490	aw	580	c, g	420
Wednesday 13.09.2023	Spicy bean soup with minced meat (pork)		Potato fritters with apple puree and sugar		Battered slice of Bologna-style sausage with tomato sauce and macaroni chips		Chicken breast au gratin with peach and sauce choron with broccoli and croquettes	
Thursday				'				
14.09.2023	Tomato-fish broth with julienne root vegetables		Pepper goulash (pork) with tomato-capsicum sauce and spirelli pasta		Gnocchi dish with spinach and salmon cubes in horseradish cream sauce		Filled Pancakes with tomato sauce and mozzarella with green salad	
	d, i	80	aw	610	aw, c, d, g, 3	590	aw, c, g, 1, 11	610
Friday 15.09.2023	Thick spicy beef soup with mushrooms		Potato soup with Frankfurter sausage and a slice of bread		Kassler-style fried pork steak with fried egg and potato puree		Cauliflower Piccatta with remoulade sauce and ciabatta bread served with salad garnish	
	aw	140	aw, ar, 1, 2, 3, 4, 11	507	aw, c, f, i, j, g, 2, 3, 11	740	aw, c, g, j, 2, 11	450
Please choose from our salad bar and the daily specials with dessert.								

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Not IHP-members pay a surcharge of 0,50 Euro for lunch!

aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products) d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (-products, including lactose) h) nuts i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites> 10 mg / kg / l m) lupine (-products) n) molluses (-products)

Menu subject to alterations!

ENJOY YOUR MEAL

marking required additives

1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer 5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners 10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes 13) with quinine 14) with caffeine