

# Lunch menu

**Opening times:**

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm  
Lunch 11.00 am to 1.30 pm

pasta dish

without meat

vegan dish

Cafeteria  
at



IHP GmbH

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,10 € from the soup pot 0,2 l	<u>Once-course meal</u> 4,00 € inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l	<u>Main dish</u> 4,50 € please choose from our daily offer of side dishes	<u>Trend food</u> 5,00 € please choose from our daily offer of side dishes
38.	ZZV kcal	ZZV kcal	ZZV kcal	ZZV kcal
<b>Monday</b> 18.09.2023	Cauliflower-Cream Soup aw, g 130	Lentil Bolognese (Carrot, celery, tomato, onion) with spaghetti and grated cheese (Gouda) aw, g, i, 1, 11 695	Bavarian meat loaf with fried egg, potato puree and Brussels sprouts aw, c, f, i, j, g, 3, 11 720	Fried fillet of pollock with leaf spinach and boiled potatoes aw, d, g, 3 540
<b>Tuesday</b> 19.09.2023	Rice with chicken and root vegetables i 80	Carrot and pumpkin hash browns homemade with chive quark and colorful salad aw, c, g 520	Alaskan Salmon Filet with dill sauce, boiled potatoes and cucumber salad aw, d, g, i, 3, 11 590	fillet of pork with mushrooms in cream on Lumaconi (large pasta shells) aw, g, 5 630
<b>Wednesday</b> 20.09.2023	Minced meat and cheese soup (pork) with leeks aw, i, g, 1 130	Braised cabbage with meatballs and potato puree aw, c, f, i, j, g, 3, 11 520	Chickpea and vegetable curry (Carrot, leek, cauliflower, red pepper) with basmati rice aw, i 490	skewers Cabanossi with hot sauce, potato chips and buttered peas aw, i, j, 2, 3, 11 670
<b>Thursday</b> 21.09.2023	Goulash Pumpkin Soup (pork) aw, i 110	Egg ragout with mixed summer vegetables and herbed potatoes aw, c, g, 3 350	Pork cutlet with tomato-capsicum sauce, fried potatoes and salad garnish aw, 3 610	Aubergine-courgette-roulade with feta cheese, tomato sauce and pasta aw, g, 1, 11 610
<b>Friday</b> 22.09.2023	Cream of pepper soup with wild rice aw 110	Green bean stew with Kassler-style cubes and a slice wholegrain bread aw, ar, 2, 3, 11 480	Asia noodle gratin mie noodles, spring onions, mushrooms, red peppers, garlic and coconut milk aw, c, g 580	Fish bake 'Bordolaise' with dill potatoes and green salad aw, c, d, 3 410

Please choose from our salad bar and the daily specials with dessert.  
Not IHP-members pay a surcharge of 0,50 Euro for lunch!

**allergen labeling**  
aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products)  
d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (-products, including lactose) h) nuts  
i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites > 10 mg / kg / l  
m) lupine (-products) n) molluscs (-products)

**ENJOY YOUR MEAL**

Menu subject to alterations!

**marking required additives**

1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer  
5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners  
10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes  
13) with quinine 14) with caffeine