

# Lunch menu

**Opening times:**

**Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm**  
**Lunch 11.00 am to 1.30 pm**

pasta dish

without meat

vegan dish

Cafeteria  
at



**IHP GmbH**

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,10 € from the soup pot 0,2 l	<u>Once-course meal</u> 4,00 € inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l	<u>Main dish</u> 4,50 € please choose from our daily offer of side dishes	<u>Trend food</u> 5,00 € please choose from our daily offer of side dishes
39.	ZZV kcal	ZZV kcal	ZZV kcal	ZZV kcal
<b>Monday</b> 25.09.2023	Cream of broccoli soup aw, g 130	Creamed spinach with two fried eggs and boiled potatoes aw, c, g, 3 580	Chicken Nuggets with baked potatoe wedges in a curry dip and small salad aw, c, g, 1, 2, 11 670	herring fillet "Housewife style" with potatoes and fresh salad aw, c, d, j, 2, 3, 11 630
<b>Tuesday</b> 26.09.2023	Asian-style noodle soup with Mie noodles aw, i 110	Rice pudding with morello cherries and sugar g, 11 900	Juicy beef goulash with macaroni chips and coleslaw aw, 11 610	Asia-omelette with lemon spinach (spinach with garlic and red lentils) aw, g 410
<b>Wednesday</b> 27.09.2023	Pickled cabbage soup with pork and cumin 120	Fish curry with potato puree and salad garnish aw, c, d, f, i, j, g, 3, 11 529	Breaded chicken breast with cream sauce, boiled potatoes and red cabbage with apple aw, c, g, 3, 11 630	Feta cheese in batter with ratatouille and bow-tie pasta aw, g, 1, 11 510
<b>Thursday</b> 28.09.2023	Thick leek soup aw, g 105	Chili con carne (Mexican bean dish) served with a slice of bread aw 630	spring roll on mie noodles and chinese-style vegetables aw, c, e, f, g, i 560	Pork cutlet au gratin (tomato and mozzarella) with potato puree and salad garnish aw, c, f, i, j, g, 1, 3, 11 730
<b>Friday</b> 29.09.2023	Pumpkin soup with ginger aw, g 110	Tagliatelle with Hokkaido and gorgonzola walnut sauce (with garlic, cream and a little white wine) aw, g, 1 520	Crispy pork roast with caraway stock, Bavarian-style cabbage and boiled potatoes aw, 3, 11 450	Fillet of plaice 'Provincial' (tomato, black olives, onions and garlic) served with fried potatoes and salad garnish aw, d, 3 710

Please choose from our salad bar and the daily specials with dessert.  
Not IHP-members pay a surcharge of 0,50 Euro for lunch!

**allergen labeling**  
aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products)  
d) fish (-products) e) peanuts (-products) f) Soy (-products) g) miik (- products, including lactose) h) nuts  
i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites> 10 mg / kg / l  
m) lupine (-products) n) molluscs (-products)

**ENJOY YOUR MEAL**

Menu subject to alterations!

**marking required additives**  
1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer  
5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners  
10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes  
13) with quinine 14) with caffeine