

# Lunch menu

**Opening times:**

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm  
Lunch 11.00 am to 1.30 pm

pasta dish

without meat

vegan dish

Cafeteria  
at



IHP GmbH

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,10 € from the soup pot 0,2 l	<u>Once-course meal</u> 4,00 € inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l	<u>Main dish</u> 4,50 € please choose from our daily offer of side dishes	<u>Trend food</u> 5,00 € please choose from our daily offer of side dishes
40.	ZZV kcal	ZZV kcal	ZZV kcal	ZZV kcal
Monday 02.10.2023	<b>BRÜCKENTAG</b>			
Tuesday 03.10.2023	<b>TAG DER DEUTSCHEN EINHEIT</b>			
Wednesday 04.10.2023	apple cinnamon Soup aw, g 140	Cauliflower Cheese Medallion with quark dip, boiled potatoes and side salad aw, c, g, i, j, 3 610	Fried chicken drumsticks with cream sauce, peas and chips aw, g, 11 570	Pork cutlet 'half-and-half' (onion-tomato-capsicum sauce, herbed mushrooms) with potato puree aw, c, f, i, j, g, 3, 5, 11 740
Thursday 05.10.2023	Cream of potato soup i, 3 120	Saxon-style peppered meat (meatballs, leeks and tomato-capsicum sauce) with potato puree aw, c, f, i, j, g, 3, 11 590	Salad platter "Oderbruch style" with fried potatoes and fried egg c, 3, 11 690	Vegan noodle and courgette pan with roasted pine nuts aw 420
Friday 06.10.2023	Parsnip cream soup aw, g, 11 120	Noodle hotpot with mixed seasonal vegetables and chicken served with a slice of wholegrain bread aw, ar, i 390	Stuffed peppers with spicy sauce and potatoe puree aw, c, f, i, j, g, 3, 11 530	Alaska pollock fillet "Strindberg Style" (with onion-mustard-egg coating) with dill sauce, boiled potatoes and salad garnish aw, c, d, g, i, j, 3, 11 640

Please choose from our salad bar and the daily specials with dessert.  
Not IHP-members pay a surcharge of 0,50 Euro for lunch!

**allergen labeling**  
aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products)  
d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (-products, including lactose) h) nuts  
i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites > 10 mg / kg / l  
m) lupine (-products) n) molluscs (-products)

**ENJOY YOUR MEAL**

Menu subject to alterations!

**marking required additives**  
1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer  
5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners  
10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes  
13) with quinine 14) with caffeine