

# Lunch menu

**Opening times:**

**Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm**  
**Lunch 11.00 am to 1.30 pm**

pasta dish

without meat

vegan dish

Cafeteria  
at



**IHP GmbH**

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,10 € from the soup pot 0,2 l	<u>Once-course meal</u> 4,00 € inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l	<u>Main dish</u> 4,50 € please choose from our daily offer of side dishes	<u>Trend food</u> 5,00 € please choose from our daily offer of side dishes
41.	ZZV kcal	ZZV kcal	ZZV kcal	ZZV kcal
<b>Monday</b> 09.10.2023	Thick fennel soup aw 110	Jumbo fish sticks with dill sauce, boiled potatoe and carrot salad aw, c, d, g, 3, 11 529	Chicken breast "Hawaii" with coconut curry sauce and basmati rice aw, g 420	Back-cream cheese on vegetable spaghetti with tomato-basil sauce aw, g, 1, 11 520
<b>Tuesday</b> 10.10.2023	Chicken broth with noodles and mixed vegetables aw, i 130	Sausage goulash with tomatos and peppers, served with spirelli pasta aw, j, 2, 3, 11 780	Potato-spinach and cheese gratin with bechamel sauce g, 1, 3, 11 480	Cured pork knuckle with marjoram stock, pea puree and pickled cabbage 2, 11 750
<b>Wednesday</b> 11.10.2023	Italian sidh woup with vegetable julienne d, i 90	Country-style stir-fry with sausage slices, peppers, onions, pickles, sweetcorn and potato wedges aw, i, j, 2, 3, 11 430	Backfish fillet (pollack) with cucumber dill sour cream and mashed potatoes aw, c, d, 2, 3, 11 710	Large farmer's breakfast with pickled herring pieces c, 3, 11 590
<b>Thursday</b> 12.10.2023	Lentil soup with diced bacon i, 2, 8 140	vegetable nuggets with wild garlic sauce, boiled potatoes and salad garnish aw, c, g, i, 3 420	Home-made stuffed cabbage with braised cabbage sauce and potatoes aw, c, 3 529	Fried filet of tilapia with peppers and onions, served with herbed rice aw, d 410
<b>Friday</b> 13.10.2023	Chanterelle mushroom soup aw, g 120	2 boiled eggs with mustard sauce, boiled potatoes and beetroot salad aw, c, g, j, 3, 11 610	Chicken quarter with cream sauce, celeriac puree and peas aw, g, 3 690	Cevapcici cannelloni casserole with sheep's cheese and tomatoes aw, g, 2 610

Please choose from our salad bar and the daily specials with dessert.  
Not IHP-members pay a surcharge of 0,50 Euro for lunch!

**allergen labeling**  
aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products)  
d) fish (-products) e) peanuts (-products) f) Soy (-products) g) miik (- products, including lactose) h) nuts  
i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites> 10 mg / kg / l  
m) lupine (-products) n) molluscs (-products)

**ENJOY YOUR MEAL**

Menu subject to alterations!

**marking required additives**  
1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer  
5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners  
10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes  
13) with quinine 14) with caffeine