

Lunch menu

Opening times:

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm
Lunch 11.00 am to 1.30 pm

pasta dish

without meat

vegan dish

Cafeteria
at



IHP GmbH

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,25 € from the soup pot 0,2 l	<u>Once-course meal</u> 4,40 € inclusive of 1 small dessert of the day <u>or</u> 1 small soup of the day 0,1 l	<u>Main dish</u> 4,90 € please choose from our daily offer of side dishes	<u>Trend food</u> 5,50 € please choose from our daily offer of side dishes
42.	ZZV kcal	ZZV kcal	ZZV kcal	ZZV kcal
Monday 12.10.2026	Thick fennel soup aw 110	Cauliflower-cheese medallion with vegetable sauce and boiled potatoes aw, c, g, i, j, 3 490	Chicken Breast with Hokkaido pumpkin and tagliatelle aw 580	Fried fillet of perch with ratatouille and boiled potatoes aw, d, 3 410
Tuesday 13.10.2026	Spicy bean soup with minced meat (pork) 140	Tortellini (Ricotta and spinach) with tomato and wild garlic sauce aw, g, 1, 11 630	Curried sausage with potato chips and salad garnish j, 2, 4, 11 760	Breaded Merlan Fillet with herb butter, colorful market vegetables and salt potatoes aw, c, d, 3 730
Wednesday 14.10.2026	Creamed vegetable soup with croutons aw, i, g 130	Oderbruch-style stir-fry with meatballs (pork) aw, c, g, i, 3 580	Vegetable bulgur patties on crisp lettuce and spicy yogurt dip aw, c, i 410	Chicken steak Mexico with Mediterranean vegetables (avocado, peppers, garlic, lime juice and cilantro) served with rice aw 590
Thursday 15.10.2026	Chick pea soup with cumin and parsley aw 120	Spaghetti Bolognese (Ground beef chuck) with grated cheese aw, g, i, 1, 11 695	Home-made Fish meatball with boiled potatoes, dill sauce and herbed carrots aw, c, g, 3 520	Large farmer's breakfast with pickled herring pieces c, 3, 11 590
Friday 16.10.2026	Beef broth royale with root vegetables and egg stitch c, g, i 70	Green bean stew with salted meat and a slice of wholegrain bread aw, ar, 2, 3, 11 480	Home-made Königsberg-style meatballs with caper sauce, boiled potatoes and beetroot salad aw, c, g, 3, 11 560	falafel balls with chickpea salad and snow peas 460

Please choose from our salad bar and the daily specials with dessert.
Not IHP-members pay a surcharge of 1,00 Euro for lunch!

allergen labeling
aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products)
d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (- products, including lactose) h) nuts
i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites> 10 mg / kg / l
m) lupine (-products) n) molluscs (-products)

ENJOY YOUR MEAL

Menu subject to alterations!

marking required additives
1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer
5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners
10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes
13) with quinine 14) with caffeine