

Lunch menu

Opening times:

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm
Lunch 11.00 am to 1.30 pm

pasta dish

without meat

vegan dish

Cafeteria
at



IHP GmbH

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,25 € from the soup pot 0,2 l	<u>Once-course meal</u> 4,40 € inclusive of 1 small dessert of the day <u>or</u> 1 small soup of the day 0,1 l	<u>Main dish</u> 4,90 € please choose from our daily offer of side dishes	<u>Trend food</u> 5,50 € please choose from our daily offer of side dishes
43.	ZZV kcal	ZZV kcal	ZZV kcal	ZZV kcal
Monday 19.10.2026	Tomato soup with fresh herbs aw, i 110	Jumbo fish sticks with dill sauce, boiled potatoe and carrot salad aw, c, d, g, 3, 11 529	Pudding with pickled cabbage and parsley potatoes aw, 3, 11 854	Chicken roulade " Saltim Bocca" and tagliatelle and salad garnish aw, c 680
Tuesday 20.10.2026	Solyanka 120	Country-style stir-fry with sausage slices, peppers, onions, pickles, sweetcorn and potato wedges aw, i, j, 2, 3, 11 430	Gnocchi casserole with leaf spinach and cherry tomatoes with mozzarella baked aw, c, g 510	Sesame plaice with cabbage, jasmine rice and lemon sauce aw, d, g, k 645
Wednesday 21.10.2026	Pumpkin soup with ginger  aw, g 110	Braised cabbage with meatballs and boiled potatoes aw, c, 3 520	Chicken breast "Hawaii" with coconut curry sauce and basmati rice aw, g 420	Cauliflower Piccata with remoulade sauce and ciabatta bread served with salad garnish aw, c, g, j, 2, 11 450
Thursday 22.10.2026	Fish solyanka d, i 80	Frankfurt-style potato soup with a pair of Wiener sausages and wholegrain bread aw, ar, 1, 2, 3, 4, 11 507	Kassler-style fried pork steak with fried egg, potato puree and Brussels sprouts aw, c, f, i, j, g, 2, 3, 11 740	fish skewer with fried potatoes, remoulade sauce and chili- bean salad aw, c, d, i, 2, 3, 11 730
Friday 23.10.2026	Cream of cauliflower soup aw, g 130	Lentil Bolognese (Carrot, celery, tomato, onion) with spaghetti and grated cheese (Gouda) aw, g, i, 1, 11 695	Chicken Nuggets with baked potatoe wedges in a curry dip and small salad aw, c, g, 1, 2, 11 670	Schönes Wochenende

Please choose from our salad bar and the daily specials with dessert.
Not IHP-members pay a surcharge of 1,00 Euro for lunch!

allergen labeling

aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products)
d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (- products, including lactose) h) nuts
i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites > 10 mg / kg / l
m) lupine (-products) n) molluscs (-products)

ENJOY YOUR MEAL

Menu subject to alterations!

marking required additives

1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer
5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners
10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes
13) with quinine 14) with caffeine