

Lunch menu

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm

Opening times:

pasta dísh wíthout meat

Cafeteria at the

vega

vegan dísh IHP GmbH

Im Technologiepark 1 * 15236 Frankfurt (Oder) Tel. (0335) 40164121* Fax 40164123 info@einfachfaircatering.de

Remember to check out our alternative daily offers Soup of the day Once-course meal Main dish Trend food Week 1,10 € 4,50 € 5,00 € 4,00 € from the soup pot 0,2 I inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l please choose from our daily offer of side dishes please choose from our daily offer of side dishes ZZV Monday BRÜCKENTAG 30.10.2023 Tuesday 31.10.2023 Reformationstag Wednesday Bismarck herring Chinese soup Curried sausage 01.11.2023 Carrot and pumpkin stew on lentil salad with parsley potatoes and yoghurt with bamboo and rice with potato chips and salad garnish with smoked meat and wholemeal bread aw, ar, i, 2, 3, 11 j, 2, 4, 11 aw, c, d, g, j, 2, 11 Thursday Chicken breast au gratin with pineapple, baked Cheese soup Sweetcorn-leek fritters Juicy beef goulash 02.11.2023 under cheese with leeks and minced meat (pork) with sour cream and a small salad with macaroni chips and coleslaw and served with fragrant rice and broccoli Friday Home-made Königsberg-style meatballs Spicy cream Creamed spinach Baked camembert cheese with caper sauce, boiled potatoes and beetrot 03.11.2023 of pepper soup with two fried eggs and boiled potatoes with peach and cranberry and salad bouquet

Please choose from our salad bar and the daily specials with dessert.

Not IHP-members pay a surcharge of 0,50 Euro for lunch!

aw, c, g, 3

aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products) d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (-products) e) nuts (-products) g) (-pro

i) celery (-products) j) Mustera (-products) k) Sesame (-products) I) Sulphur dioxide and sulphites> 10 mg / kg / l m) lupine (-products) n) molluscs (-products)

ENJOY YOUR MEAL

Menu subject to alterations!

marking required additives

salad

1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer 5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners 10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes 13) with quinine 14) with caffeine