

Im Technologiepark 1 * 15236 Frankfurt (Oder)

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Lunch menu

Opening times:

pasta dísh wíthout meat

vegan dísh

Cafeteria at thp.

IHP GmbH

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm Lunch 11.00 am to 1.30 pm

Remember to check out our alternative daily offers Soup of the day Once-course meal Main dish Trend food Week 1.25 € 4,40 € 4.90 € 5.50 € from the soup pot 0,2 I inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l please choose from our daily offer of side dishes please choose from our daily offer of side dishes 46. ZZV kcal Monday Shashlik stir-fry Omelette Beef broth Cod Loose 10.11.2025 (pork, sausage, sweet peppers, cucumber) with brussels sprouts and gorgonzola sauce with with gnocchi with dill sauce, salt potatoes and cucumber salad with macaroni chips salad garnish aw, i, j, 2, 3, 11 aw, d, g, i, 3, 11 Tuesday Fillet of plaice 'Finkenwerder-style' Chickpea and vegetable curry Lemon-parmesan soup Braised cucumber (Carrot, leek, cauliflower, red pepper) 11.11.2025 (strips of ham and onions) with marjoran with spicy Puszta balls and potato puree with basmati rice served with fried potatoes and salad garnish 130 aw, c, f, i, j, g, 3, 11 510 490 710 aw, g, 1 aw, d, 2, 3, 11 Wednesday Roasted chicken breast Tomato-basil soup Potato fritters Fillet of pollock on autumn vegetables 12.11.2025 'vegetarian' with apple puree and sugar with wasabi mayo on steamed cabbage and fries with celery mashed potatoes aw. c. 3. 11 aw, c, f, i, j, g, 3, 11 aw, c, d, 11 Thursday Pork cutlet 'half-and-half' Pumpkin soup Crunchy Fish Sticks Vegetable Pasta Bake (onion-tomato-capsicum sauce, herbed 13.11.2025 with ginger topped with Gouda mushrooms) with herb sauce, potatoe puree and fresh salad with potato chips and salad garnish aw, c, d, f, i, j, g, 3, 11 aw, g, 1, 11 aw, g Friday Green bean stew Asian Vegetable Soup Marinated beef Potato and pumpkin rosti with salted meat 14.11.2025 with garden vegetables this one Quarkdip with bamboo strips with red cabbage and boiled potatoes and a slice of wholegrain bread 520 aw, g, 11 aw, ar, 2, 3, 11 c, g, 3

> Please choose from our salad bar and the daily specials with dessert. Not IHP-members pay a surcharge of 1,00 Euro for lunch!

allergen labeling

aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products) d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (-products, including lactose) h) nuts 1) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites> 10 mg / kg / l m) lupine (-products) n) molluscs (-products)

ENJOY YOUR MEAL

Menu subject to alterations!

marking required additives

1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer 5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners 10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes 13) with quinine 14) with caffeine