

# Lunch menu

**Opening times:**

**Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm**  
**Lunch 11.00 am to 1.30 pm**

pasta dish

without meat

vegan dish

Cafeteria  
at



**IHP GmbH**

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,25 € from the soup pot 0,2 l	<u>Once-course meal</u> 4,40 € inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l	<u>Main dish</u> 4,90 € please choose from our daily offer of side dishes	<u>Trend food</u> 5,50 € please choose from our daily offer of side dishes
47.	ZZV kcal	ZZV kcal	ZZV kcal	ZZV kcal
<b>Monday</b> 18.11.2024	Spicy bean soup with minced meat (pork) 140	Potato soup with Frankfurter sausage and a slice of bread aw, ar, 1, 2, 3, 4, 11 507	Chicken Nuggets with baked potatoe wedges in a curry dip and small salad aw, c, g, 1, 2, 11 670	Fish bake 'Bordolaise' with dill potatoes and green salad aw, c, d, 3 410
<b>Tuesday</b> 19.11.2024	Cream of broccoli soup aw, g 130	Vegetable Bolognese (Carrot, celery, tomato, onion) with spaghetti and grated cheese (Gouda) aw, g, i, 1, 11 695	Alaskan Salmon Filet "meunière" with parsley sauce, creamy vegetables and boiled potatoes aw, d, g 620	roast duck with Red cabbage with apple and dumplings aw, 11 790
<b>Wednesday</b> 20.11.2024	Chicken broth with root vegetables aw, i, g 120	Kaiserschmarrn (pancake strips) with raisins, apple compote and icing sugar aw, c, g, 11 690	Beef goulash in beer sauce, red cabbage with apple and parsley potatoes aw, 3, 11 690	Large farmer's breakfast with pickled herring pieces c, 3, 11 590
<b>Thursday</b> 21.11.2024	Cream of pepper soup with herbed cream aw, g 110	Creamed spinach with two fried eggs and boiled potatoes aw, c, g, 3 580	Home-made burger with beans, sauce and boiled potatoes aw, c, g, 3 600	Fillet of pollock "Milano Art" (with tomato and cheese) served with green tagliatelle aw, d, g, 1, 11 665
<b>Friday</b> 22.11.2024	Minced meat and cheese soup (pork) with leeks aw, i, g, 1 130	Onion pork with spaetzle noodles aw 690	Gnocchi casserole with leaf spinach and cherry tomatoes with mozzarella baked aw, c, g 510	Chicken breast 'Hawaii' with pineapple, baked under cheese and served with curry sauce, baby carrots and potato croquettes aw, g, 1, 11 720

Please choose from our salad bar and the daily specials with dessert.  
Not IHP-members pay a surcharge of 1,00 Euro for lunch!

**allergen labeling**  
aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products)  
d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (- products, including lactose) h) nuts  
i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites > 10 mg / kg / l  
m) lupine (-products) n) molluscs (-products)

**ENJOY YOUR MEAL**

Menu subject to alterations!

**marking required additives**  
1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer  
5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners  
10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes  
13) with quinine 14) with caffeine