

Lunch menu

Opening times:

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm
Lunch 11.00 am to 1.30 pm

pasta dish

without meat

vegan dish

Cafeteria at



IHP GmbH

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,25 € from the soup pot 0,2 l	<u>Once-course meal</u> 4,40 € inclusive of 1 small dessert of the day or 1 small soup of the day 0,1 l	<u>Main dish</u> 4,90 € please choose from our daily offer of side dishes	<u>Trend food</u> 5,50 € please choose from our daily offer of side dishes
48.	ZZV kcal	ZZV kcal	ZZV kcal	ZZV kcal
Monday 25.11.2024	Broth (beef) with julienne vegetables aw, i 115	MSC-cutter meatball with honey mustard sauce and vegetable risotto to salad garnish aw, c, g, i, j 529	Pudding with pickled cabbage and parsley potatoes aw, 3, 11 854	Chicken steak Mexico with Mediterranean vegetables (avocado, peppers, garlic, lime juice and cilantro) served with rice aw 590
Tuesday 26.11.2024	Chick pea soup with cumin and parsley aw 120	Nasi Goreng (Indonesian rice dish with chicken) aw, i 510	Gyros cutlet (pork) cabbage salad with tzatziki on olives and potatoes aw, c, g, 3, 11 610	Aubergine-courgette-roulade with feta cheese, tomato sauce and pasta aw, g, 1, 11 610
Wednesday 27.11.2024	Thai curry soup with Mie noodles aw 125	Hungarian goulash (pork) with macaroni chips aw, i 410	Fried herring with apple-cucumber sauce and fried potatoes aw, c, d, j, 2, 3, 11 810	Potato and pumpkin rosti with garden vegetables this one Quarkdip c, g, 3 520
Thursday 28.11.2024	Brussels sprout soup with cumin aw, g 120	Scrambled eggs with herbs, served with cauliflower in Dutch sauce and mashed potatoes aw, c, g, 3 510	Noodles with chicken breast strips in curry hollandaise (with spring onions and red peppers) aw, c, g 590	fried shrimp with sweet peppers and onions with peanut sauce and bulgur aw, b, e 394
Friday 29.11.2024	Cream of cauliflower soup aw, g 130	Solyanka 'Ukrainian style' with sour cream, served with a slice of bread aw, ar, g, j, 1, 2, 3, 4, 11 520	Salad platter "Oderbruch style" with fried potatoes and fried egg c, 3, 11 690	Pork cutlet 'Karlsbad-style' (au gratin with ham and cheese), served with gnocchi and buttered peas aw, c, g, 1, 2, 3, 11 690

Please choose from our salad bar and the daily specials with dessert.
Not IHP-members pay a surcharge of 1,00 Euro for lunch!

ENJOY YOUR MEAL

Menu subject to alterations!

marking required additives

- 1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer
- 5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners
- 10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes
- 13) with quinine 14) with caffeine

allergen labeling
aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products)
d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (-products, including lactose) h) nuts
i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites > 10 mg / kg / l
m) lupine (-products) n) molluscs (-products)