

# Lunch menu

## Opening times:

Monday to Friday 8.30 to -10 am & 11.00 am to 1.30 pm  
Lunch 11.00 am to 1.30 pm

pasta dish

without meat

vegan dish

Cafeteria  
at



IHP GmbH

Remember to check out our alternative daily offers

Week	<u>Soup of the day</u> 1,25 € from the soup pot 0,2 l	<u>Once-course meal</u> 4,40 € inclusive of 1 small dessert of the day <u>or</u> 1 small soup of the day 0,1 l	<u>Main dish</u> 4,90 € please choose from our daily offer of side dishes	<u>Trend food</u> 5,50 € please choose from our daily offer of side dishes
51.	ZZV kcal	ZZV kcal	ZZV kcal	ZZV kcal
<b>Monday</b>  15.12.2025	Rice with chicken and root vegetables  i 80	Spaghetti 'Carbonara' with ham and cheese sauce  aw, g, i, 1, 2, 3, 11 610	Pudding with pickled cabbage and parsley potatoes  aw, 3, 11 854	Fried herring with apple and cucumber sauce and fried potatoes  aw, d, g, 3, 11 810
<b>Tuesday</b>  16.12.2025	Thick cream of mushroom soup  aw, g, 5 140	Cabbage goulash (pork) with boiled potatoes  aw, 3 440	Chickpea and vegetable curry (Carrot, leek, cauliflower, red pepper) with basmati rice  aw, i 490	Glazed duck breast with orange sauce, potato dumplings and kale  aw, 11 740
<b>Wednesday</b>  17.12.2025	Goulash soup (pork) with paprika and potatoes  aw, i, 3 130	Jumbo fish sticks with dill sauce, boiled potatoe and carrot salad  aw, c, d, g, 3, 11 529	Home-made stuffed cabbage with braised cabbage sauce and potatoes  aw, c, 3 529	fillet of pork with mushrooms in cream on Lumaconi (large pasta shells)  aw, g 630
<b>Thursday</b>  18.12.2025	Cream of courgette soup  aw, g 120	Home-made potato fritters with apple puree and sugar  aw, c, 3, 11 780	Chicken quarter with cream sauce, boiled potatoes and red cabbage  aw, g, 3, 11 690	Fillet of pollock 'Milanese' (au gratin with tomato and cheese), served with boiled potatoes and green salad  aw, d, g, 1, 3, 11 665
<b>Friday</b>  19.12.2025	French onion soup with chives  g 90	White bean stew with smoked meat cubes, served with a slice of bread  aw, 2, 3, 11 620	Battered slice of Bologna-style sausage with tomato sauce and macaroni chips  aw, c, j, 2, 3, 11 580	Large farmer's breakfast with pickles  c, 3, 11 590

Please choose from our salad bar and the daily specials with dessert.  
Not IHP-members pay a surcharge of 1,00 Euro for lunch!

### allergen labeling

aw) cereals containing gluten (wheat) ar) cereals containing gluten (rye) b) crustaceans (-products) c) eggs (-products)  
d) fish (-products) e) peanuts (-products) f) Soy (-products) g) milk (- products, including lactose) h) nuts  
i) celery (-products) j) Mustard (-products) k) Sesame (-products) l) Sulphur dioxide and sulphites> 10 mg / kg / l  
m) lupine (-products) n) molluscs (-products)

**ENJOY YOUR MEAL**

Menu subject to alterations!

### marking required additives

1) with coloring 2) with preservative 3) with antioxidant 4) with flavor enhancer  
5) geschwefelt 6) blackened 7) waxed 8) with phosphate 9) with sweeteners  
10) contains phenylalanine 11) with sugars and sweeteners 12) with sugar substitutes  
13) with quinine 14) with caffeine